

Program Name and Date: Northern Youth Camp – July 22-August 2

Cost: This camp will be run in 2 sections. To promote the 2010 Alberta Summer Games the AWA will be hosting a Peace River component of the camp.

Peace River Northern Youth Camp - \$225.00; \$100.00/day; free for those supplying a club coach

Full Northern Youth Camp (Peace River & Fort Smith or Fort Smith only) - \$600.00 for the Full Camp; free for those supplying a club coach; additional charges may include transportation, food and accommodation due to the distance of this trip. These fees will go towards supporting coaches and transporting participants to Fort Smith.

Host: Alberta Whitewater Association, Fort Smith Paddling Club, Kayak West Paddlers

Contact: AWA Technical Director – Saskia van Mourik – awatd@telus.net

Slave River Paddle Fest: Visit <http://fskayak.webs.com/slaveriverpaddlefest.htm> for event details

Program Objectives: To create an opportunity for young paddlers to participate in all paddle sport disciplines. This event will focus on Alberta Summer Games (ASG) preparation in Peace River and enable participants the opportunity to become familiar with the venue for ASG 2010. At the Slave River; river running, canoe polo, slalom and freestyle sessions will be offered in a fun and social atmosphere. Please join us in the Annual Slave River Paddle Fest held August 1st.

Participant Ability: All levels are welcome to attend. The primary focus will be on those athletes new to paddling (novice/beginner) and those who have attended the Alberta Summer Games (intermediate). The FUNdamentals (orange), Learning to Train (yellow) and Training to Train (green) stages of the LTAD will be accommodated through freestyle, slalom, canoe polo and river running sessions. All levels are welcome to attend the Slave River Paddle Fest event.

Session Descriptions: All activities will be available as skill sessions during the camp. The sessions in Peace River will be skill and competition based (fun and friendly!) and will focus on slalom, canoe polo and wild water at the appropriate ASG venue locations. The river runs will focus on choosing safe lines, scouting rapids from your boat and the shore, identifying river features and play boating. Groups will be organized based on paddling level and ability. The slalom and canoe polo sessions will focus on technique specific to each sport through a series of games and small competitions. The Slave River Paddle Fest is a fun event that will be held at the Playground on the Slave River. All youth camp participants are encouraged to attend.

Location: Peace River, AB; Slave River, Fort Smith, NT

Directions: Transportation will be done in groups. The directions provided are to the township only.

Peace River, AB: From Edmonton head West on the Yellowhead (16), take the ramp onto highway 43 and head north to Onoway, at Valleyview take highway 49 to Peace River, highway 49 becomes highway 2 and will bring you into Peace River.

Slave River, For Smith, NT: From Peace River take highway 2 north until you arrive at a T-intersection, turn right (north) on highway 35 towards Manning, at the 60th Parallel highway 35 becomes highway 1 (MacKenzie highway), at Enterprise take highway 2 towards Hay River, just

before Hay River turn right on highway 5 to Fort Smith. Once you arrive in Form Smith turn left at the hospital sign and follow it until McDougal Rd. This is the main road through town.

Once you are within the boundaries of the Northwest Territories, pay special attention to the road signs! Amenities along the way are sparse and more so at night; check your fluid levels and gas up regularly. Hay River has 24 hour gas.

Visit Alexander Falls (highway 1) and Louise Falls (highway 5) on the way up! Look for signs along the way.

Schedule:

Date: July 22-August 2	AM	PM	Evening
WE July 22	Canoe Polo	Wild Water Run	Hang slalom course
TH July 23	Slalom	Canoe Polo	
FR July 24	Canoe Polo Game	Slalom Race	Pack for Fort Smith
SA July 25	Drive to Fort Smith		
SU July 26	Intro to the Slave River: Playground & Golf Course		
MO July 27	Paddle various sections of the Slave River		Canoe Polo Game
TU July 28	Paddle various sections of the Slave River		
WE July 29	Paddle at Playground		Canoe Polo Game
TH July 30			
FR July 31	Trip to Wood Buffalo National Par – Salt Plains		
SA August 1		Slave River Paddle Fest	
SU August 2	Paddle various sections of the Slave River		Pack for trip home

Instructors: *Saskia van Mourik, Sean Allen and others.*

Program Logistics:

What to bring: *Personal paddling gear for slalom, canoe polo and freestyle; shared gear will be made available; sleeping bag, sleeping mat, pillow, warm clothes, bug repellent and bug net. Participants are encouraged to share tents, coolers and camp stoves amongst themselves as space for equipment is limited.*

What is included in fee: *Gas, food, event, instruction and use of free paddling gear*

Nearest Amenities: *Peace River and Fort Smith have amenities nearby*

Camping: *In Peace River we will camp at the Peace River Lions Park. We have arranged for camping indoors through the Fort Smith Paddling Club at the Aurora College Thebacha campus dorms.*

Additional Costs:

All participants are required to be members of the Alberta Whitewater Association and sign the respective waiver and medical forms prior to the program. Non AWA members will have to pay for a membership fee of: \$15.00 for an individual membership or \$4.00 for an event membership. There may be additional costs on travel days to and from each main location (i.e. camping along the way, meals out); these costs will be kept to a minimum.

