

**Program Name and Date:** Southern Youth Camp – June 29-July 3

**Cost:** \$375.00 for the Camp; \$100.00 per day; free for those supplying a club coach

**Host:** Alberta Whitewater Association

**Contact:** Saskia van Mourik – P: 604-793-3501; E: [awatd@telus.net](mailto:awatd@telus.net)

**Program Objectives:** To create an opportunity for young paddlers to participate in all paddle sport disciplines. River running, canoe polo, slalom and freestyle sessions will be offered in a fun and social atmosphere.

**Participant Ability:** All levels are welcome to attend. The primary focus will be on those athletes who have attended the Alberta Summer Games (intermediate). The FUNdamentals (orange), Learning to Train (yellow) and Training to Train (green) stages of the LTAD will be accommodated through freestyle, slalom, canoe polo and river running sessions.

**Session Descriptions:** There will be several activities happening during this camp. The Southern Youth Camp will include the Learning to Train stage and the TAK Training to Train stage.

*This camp will begin near Lundbreck, and take us into the East Kooteneys near Fernie. We will begin on the Castle River and head over to paddle the Oldman River the following day. The third to fifth days will be spent paddling nearby Fernie on the Bull or Elk. This camp will focus on paddling skill development, river reading, swiftwater safety, play host to a World Kayak Throwdown Event and provide lots of play boating opportunities. Camp details may change last minute to accommodate spring water levels. This information will be made available to registrants at [www.albertawhitewater.ca](http://www.albertawhitewater.ca).*

**Location:** Lundbreck, AB and Fernie, BC

**Directions:** Lundbreck is located just off of highway 3; 10 minutes from Pincher Creek and one hour from Lethbridge. For the TAK trip, Fernie is located on highway 3 approximately 1.5 hours west of Pincher Creek. Elko is 35 minutes from Fernie on highway 3.

**Schedule:**

Camp Itinerary

<b>Date: June 29-July 3</b>	<b>AM</b>	<b>PM</b>	<b>Evening</b>
MO June 29	Castle Falls Section		Canoe Polo at Lee Lake
TU June 30	Oldman River – Upper and/or the Gap		
WE July 1	Elk or Bull River		
TH July 2 Meet in Elko	Slalom at Boulder Run	World Kayak Throwdown Event	
FR July 3 Meet in Fernie	Wigwam River		

**Instructors:** Saskia van Mourik and others.

**Program Logistics:**

***What to bring:*** Please bring camping gear, personal paddling gear for river running, play boating and slalom; shared gear will be made available, but supply is limited.

**What is included in fee:** Event, instruction and access to some free paddling gear (supply limited).

**Nearest Amenities:** Lundbreck has a small store and gas station; Pincher Creek and Fernie both have all the amenities such as gas and groceries.

**Camping:** Camping is available in Lundbreck and Fernie; arrangements will be made closer to camp dates

**Transportation:** Participants are expected to accommodate their own transportation during, to and from the river. Carpooling is strongly encouraged and the AWA will seek to assist in coordinating this in advance of the trip.

**Additional Costs:**

All participants are required to be members of the Alberta Whitewater Association and sign the respective waiver and medical forms prior to the program. Non AWA members will have to pay for a membership fee of: \$15.00 for an individual membership or \$4.00 for an event membership.