

Ready to JUMP into the river?

Have you tried KAYAKING yet?

The Pinch-o-Crow Creekers Kayak Club is having 4 Summer River Camps in Pincher Creek

Spend five fun-filled, summer days on the water with 11 other kids from 9:00 to 5:00 who are going to be having a blast on the water in a whitewater kayak.

Its SAFE - BUT CHALLENGING with our fully certified instructors.

Cadets	Ages 10-14	July 2-6
Juniors	Ages 14-18	July 9-13
Mixed	Ages 10-18	July 16-20
Adults and Kids		July 23-27

Cost: **\$250** for the week

Includes:

- All equipment: boats, paddles, lifejackets, helmets, wetsuits, booties, jackets
- Instruction and coaching
- Transportation

You Need:

- Change of clothing, rainjacket
- Swimsuit and towel
- Lunch & a Smile

What Happens: We start on the lake and learn how to get in and out of the kayak, even when it's upside down. Then we teach you how to roll your kayak upright after you flip. Next you learn all about how to paddle the kayak in a straight line and in circles. Our favorite games are tag, football and team racing.

Finally we are on to some easy rivers, where you'll learn about reading the river, eddy turns, ferries and paddling through the waves. We use the Oldman River below the dam and the Crowsnest River by Lundbreck for most of our sessions. But we try out several other hidden gems too. We'll even be trying the slalom kayak course, just like in the Olympics.



REGISTRATION FORM

Name of Paddler	
Name of Parent(s)	
Address	
Phone Number	Home Work
E-Mail Address	
Birthdate	
Grade at school – Sept 2006	
Previous Kayak experience	
Swimming Experience	
Date of Camp	

For more information contact:

Chuck Lee – 628-2336 chucklee@telusplanet.net

_____ Registration Form

_____ Waiver Form

_____ \$250 Cheque payable to POCC

**Mail to: Chuck Lee,
POX 162, Lundbreck, AB T0K 1H0
chucklee@telusplanet.net
403-628-2336**