

## Ready to JUMP into the river?

## Have you tried KAYAKING yet?

The Pinch-o-Crow Creekers Kayak Club is having  
5 Summer Kayak Camps this year.

Spend five fun-filled, summer days on the water with 11 other  
kids from 9:00 to 5:00 who are going to be having a blast on  
the water in a whitewater kayak.

Its SAFE - BUT CHALLENGING  
with our fully certified instructors.

Mixed	<b>Ages 10-18</b>	June 29 - July 3
Juniors	<b>Ages 14-18</b>	July 6 - 10
Cadets	<b>Ages 10-14</b>	July 13 - 17
<b>Adults and Kids</b>		July 20 - 24
Mixed	<b>Ages 10-18</b>	July 27 - 31

Cost: **\$275** for the week

Includes:

- All equipment: boats, paddles, lifejackets, helmets, wetsuits, booties, jackets
- Instruction and coaching
- Transportation

You Need:

- Change of clothing, rain jacket
- Swimsuit and towel
- Lunch & a Smile

What Happens: We start on a warm water pond and learn how to get in and out of the kayak, even when it's upside down. Next you learn all about how to paddle the kayak in a straight line and in circles. Then we show you how to roll your kayak upright after you flip. Our favorite games are tag, football and finding the turtles.

The second day we are on to an easy river, the Crowsnest River by Lundbreck, where you'll learn about reading the river, eddy turns, ferries and paddling through the waves. The 3<sup>rd</sup> day we test out the big waves on the Oldman River below the dam.

Day 4 we are in Castle Canyon before finishing the week on the warm water of the St Mary where parents can join us in a rubber ducky.



## REGISTRATION FORM

Name of Paddler	
Name of Parent(s)	
Address	
Phone Number	Home Work
E-Mail Address	
Birth Date	
Grade at school – Sept 2009	
Previous Kayak experience	
Swimming Experience	
Date of Camp	

For more information contact:

Chuck Lee – 628-2336    [chucklee@toughcountry.net](mailto:chucklee@toughcountry.net)

\_\_\_\_\_ Registration Form

\_\_\_\_\_ Waiver Form

\_\_\_\_\_ \$275 Cheque payable to POCC

**Mail to: Chuck Lee,  
POX 162, Lundbreck, AB T0K 1H0  
[chucklee@toughcountry.net](mailto:chucklee@toughcountry.net)  
403-628-2336**

**Alberta Whitewater Association**  
**WAIVER OF LIABILITY AGREEMENT**

**WARNING - BY SIGNING THIS FORM YOU GIVE UP IMPORTANT LEGAL RIGHTS! PLEASE READ CAREFULLY!**

NAME OF PARTICIPANT: \_\_\_\_\_  
ADDRESS OF PARTICIPANT: \_\_\_\_\_  
EMAIL: \_\_\_\_\_

**DISCLAIMER CLAUSE**

The Alberta Whitewater Association, its member clubs, instructors, directors, agents, employees, volunteers and representatives (hereafter referred to as the "Association") and Her Majesty the Queen in Rights of the Province of Alberta are not responsible for any injury, loss or damage of any kind sustained by any person while participating in the Association's programs and activities for whitewater kayaking and canoeing, including injury, loss or damage which might be caused by the negligence of the Association.

**DESCRIPTION OF RISKS**

I acknowledge that I am aware of the possible RISKS, DANGERS AND HAZARDS associated with the water programs and activities for kayaking and canoeing either in a pool or outdoors in lakes, rivers or sea, including THE POSSIBLE RISK OF SEVERE OR FATAL INJURY TO MYSELF OR OTHERS. These risks include, but are not limited to:

- ◆ The risk of drowning including but not limited to, resulting from equipment entanglement, falling out of kayak/canoe into the water or being knocked unconscious in the water;
- ◆ Injuries resulting from your physical body hitting the kayak, pool surface or being hit by another paddler;
- ◆ Injuries resulting from abrasion from the pool surface
- ◆ On outdoor trips, extremes of weather or temperature which may result in hypothermia
- ◆ Hazards related to travel in and on lakes, rivers or seas
- ◆ Where applicable remoteness of location with poor communications and inability to get rescue or medical assistance quickly or easily
- ◆ Unfamiliar country where the participant may become lost, get off course or be separated from the rest of the party
- ◆ Medical problems arising before, during or after the trip
- ◆ Steep terrain where a fall or rock fall may cause injury or death
- ◆ Additional risks associated with travel to and from locations including transport by public or private motor vehicle, helicopter and light fixed-wing aircraft
- ◆ Failure to follow directions from instructors or those in charge of out door trips, including those specifying
  - a) staying with the group at all times unless the instructors or those in charge are consulted and provide consent;
  - b) where required and instructed to be wearing an approved personal flotation device completely fastened at all times on and around water;
  - c) safe use of tools and other equipment where required

**INDEMNIFICATION AND RELEASE OF LIABILITY**

In return for the Association allowing me to voluntarily participate in its programs and activities, I agree:

1. TO ASSUME AND ACCEPT ALL RISKS arising out of, associated with or related to my participation in the Association's programs and activities, even though such risks may have been caused by the negligence of the Association;
2. TO BE SOLELY RESPONSIBLE FOR ANY INJURY, LOSS OR DAMAGE which I may sustain while participating in the Association's programs and activities for kayaking and canoeing, even though such injury, loss or damage may have been caused by the negligence of the Association;
3. TO IDEMNIFY AND HOLD HARMLESS the Association, its officers, directors, agents, volunteers, employees and representatives from any and all claims, demands, actions and costs which might arise out of my participation in the Association's water programs and activities for kayaking and canoeing, even though such claims, demands, actions and costs may have been caused by the negligence of the Association.

**ACKNOWLEDGEMENT**

I UNDERSTAND THAT THIS IS A LEGAL AGREEMENT. It is binding upon myself as well as upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity. I HAVE READ AND UNDERSTOOD ALL THE TERMS OF THIS AGREEMENT, and by signing this agreement voluntarily I am agreeing to abide by these terms.

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_\_,

\_\_\_\_\_  
Signature of Participant (must be 18 or over)

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Signature of Parent (if under 18)

\_\_\_\_\_  
Printed Name of Witness

\_\_\_\_\_  
Printed Name of Parent (if under 18)