

The AWA Technical Director (Saskia van Mourik) and Chris McTaggart will be offering a Basic Swift Water Rescue course on Sunday, Sept 16 at the Kan, meeting at Canoe Meadows.

9 am - 5 pm (please be on time)

Please bring:

- Lunch, etc.
- extra dry warm clothes (you will be swimming)
- wetsuit, etc., if you have one
- Any throw bags, etc. that you may own

Cost is \$30, no charge for TAK and ATS members.

It's as important to know how to swim as it is to rescue your buddies. Very worthwhile way to spend the day and the weather forecast is looking good.

Please contact Louise Olinger (olinger@telusplanet.net) if you can make it.