

PINCH-O-CROW CREEKERS

2007

Purpose: To provide the opportunity for girls and boys, aged 10 and over to learn kayaking in a safe environment, to provide coaching and support for whitewater athletes and to assist adults to enjoy our rivers

Pinch-o-Crow Creekers is a registered non-profit society, affiliated with the Alberta Whitewater Association (AWA). Instruction is from provincially and nationally certified instructors and coaches.

Schedule April 30 – June 29

Mondays	4:00 – 6:30	Freestyle Practise
Tuesdays	4:00 – 6:30	Novice Practise
Wednesday	4:00 – 6:30	Inter/Ad River Run
Thursday	4:00 – 6:30	Slalom Practise

Novices: 2 sessions/week for May and June and
Includes coaching at 2 AWA events and
Coaching at Alberta Summer Games in Red Deer

WW Team: 3-4 sessions/week from May to September
and includes coaching at:
- weekend outings at AWA events
- National WW Championships in BC, Aug 11-19

Costs and Commitments:

1. Club & AWA membership - \$ 35.00
2. Novices - Spring Activity Fee \$130.00
Advanced – WW Team Fee \$350.00
3. Pincher Creek Summer Camp \$250.00/week
4. Volunteer Support at 3 Rivers Whitewater Rendezvous
May 19-22 – Our club hosts this provincial event at
Castle River Rodeo Grounds – parents and
volunteers needed for trip leaders, shuttle drivers,
chili suppliers, cooks and campground hosts
5. Other fees and travel expenses when on AWA events

Instructors: Chuck Lee, Brace Lee, Roxane Labelle, and
Dave Saganiuk

Coordinator: Chuck Lee AWA Adv River Instructor
628-2336 NCCP Level II Coach
627-3020 w chucklee@telusplanet.net



Equipment:

Kayak	provided by club with activity fee
Paddle	provided by club with activity fee
Sprayskirt	provided by club with activity fee
Lifejacket	provided by club with activity fee
Helmet	provided by club with activity fee
Paddling Jacket	provided by club with activity fee
Wetsuit	provided by club with activity fee
Footwear	provided by club with activity fee
Bathing Suit & Towel & Sweater	- you bring