

CANOE-KAYAK

AGE GROUP(S)

Cadet: 11 - 14 years of age (Born between January 1, 2002 and July 14, 2005)

Junior: 15 - 17 years of age (Born between July 17, 1998 and December 31, 2001)

*Athletes cannot be ten (10) years of age or younger or eighteen (18) years of age or older at the Games.

ZONE TEAM COMPOSITION

The maximum team size shall be:

8 competitors per zone (# of females 4 , # of males 4)

2 coaches or chaperones per zone (# of females 1 , # of males 1)

FILL POLICY

If a zone does not have enough competitors for each age/gender category, it is permissible for the zone to send more competitors in another age/gender category to the team maximum of 8 athletes. Preference will be given to achieve a gender equity balance of four (4) males and four (4) females.

In the event that a zone does not have athletes to fill the roster, athletes from another zone may "fill" and compete for the fill-zone. Fill athletes will be selected in order by the Provincial Sport Coordinator using the province wide, time trials ranking system. Age/gender requirements will be filled first for the fillzone from the ranking system before opening the fillzone team to other age/gender fills.

Fills must be submitted for approval to the Alberta Sport, Recreation, Parks & Wildlife Foundation by **June 17, 2016**.

ELIGIBILITY

Athletes

Those eligible to participate are anyone between the ages of 11 and 17 who qualified at zone trials. Eligible competitors from just outside the provincial boundary, who are members of the AWA may be able to compete in the nearest Alberta Games zone playoffs, if they have no provincial events in their province/territory.

An athlete may represent and compete for the zone in which they reside or for the zone that they are affiliated with as a club member upon the approval of the Alberta Whitewater Association.

Canadian National Team athletes that have competed in an International event representing Canada in Slalom, Wildwater, Freestyle or Canoe Polo are ineligible to participate in the Alberta Summer Games.

For Alberta Games Eligibility Policy information please visit www.albertagames.com

ELIGIBILITY

Coaches

NCCP Certification—A minimum of one (1) member per zone of the staff registered as coaches must be certified under the National Coaching Certification Program to at least **Kayak Lake Instructor 1**.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

All athletes participating in the Alberta Summer Games must be members of the Alberta Whitewater Association (AWA). Membership includes liability insurance and access to athlete support. Deadlines for membership within the AWA will be prior to the commencement of participation in an AWA event such as zone trials.

For membership information, contact the Alberta Whitewater Association at (403) 628-2336, or check out www.albertawhitewater.ca for more information.

PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE

All zone team competitors, who qualify to compete at the 2016 Alberta Summer Games (excluding coaches and chaperones), are required to pay an individual registration fee of **\$100.00**. This fee will go towards offsetting the costs related to transportation, accommodation, meals, zone identification, medals, athlete entertainment, coaching, team uniforms and sport

competitions. This fee must accompany the athlete's registration form for the Alberta Games. A refund will be given for athletes unable to attend the Alberta Summer Games due to medical reasons.

Please note that the registration deadline for Canoe - Kayak is **June 12, 2016**.

EVENTS

Slalom

Slalom shall be governed by the rules of the International Canoe Federation (ICF) with the exceptions of rules pertaining to age. The best of two (2) runs will be used.

Slalom: (15-18 gates on Grade I to II water)	Cadets (Age 11-14)	Juniors (Age 15-17)
Individual Categories	Girls K1W	Girls K1W
	Boys K1M	Boys K1M
	Girls C1W	Girls C1W
	Boys C1M	Boys C1M
	Girls C2W *	Girls C2W*
	Boys C2M *	Boys C2M*
Team Race: **	K1M, K1W, C1M, C1W, C2M, C2W	K1M, K1W, C1M, C1W, C2M, C2W

Paddlers may compete in all Slalom event classes in which they are eligible.

* Mixed gender C-2 teams have to race in the Boys group.
Mixed age C-2 teams have to race in the older age group.

**Each person is eligible to compete in one team race. Mixed age teams have to race in the older age group.

**For the three (3) boat team race, the team can be made up of any mix of gender, age group or any class (K1, K1W, C1, C1W, C2, C2W). Mixed age teams have to race in the older age group.

Wildwater

Wildwater shall be governed by the rules of the International Canoe Federation (ICF) with the exceptions of rules pertaining to age.

Wildwater: (10-15 minute course 3-6 km on Grade I water)	Cadets (Age 11-14)	Juniors (Age 15-17)
Category	Girls K1W	Girls K1W
	Boys K1M	Boys K1M
	Girls C2W*	Girls C2W*
	Boys C2M*	Boys C2M*

* Mixed gender C-2 teams have to race in the Boys group.
* Mixed age C-2 teams have to race in the older age group.

Paddlers may compete in both Wildwater classes in which they are eligible.

Canoe Polo

Canoe Polo shall be governed by the rules of the International Canoe Federation (ICF) with the exceptions of rules pertaining to team size, team composition, tournament format and time of games to accommodate the Alberta Summer Games format.

One (1) team per zone of all zone competitors. Zone teams may only have two (2) junior boys on the canoe polo pitch at any time. The other three (3) players on the pitch can be girls or cadet boys. The other three (3) spares can be any age or gender, but when one (1) junior boy is subbed on, a junior boy must sub off to maintain only two (2) junior boys on the pitch.

The Canoe Polo event at the Alberta Summer Games will be a round robin tournament that allows each team to play the other zones with a final medal playoff round. Games will be 8 minutes in length.

The junior sized canoe polo ball will be used for all competitions. Hand tackling is not allowed. Rough play will not be tolerated among unequally sized or skilled players.

PROTEST PROCEDURES

After the posting of results for slalom and wildwater events, zone coaches will have thirty (30) minutes to lodge an inquiry into times and penalties with the chief judge. The chief judge will decide whether there is enough information for the athlete to win a protest or leave the time standing.

For the Canoe Polo event the field judge has full control of the match.

EQUIPMENT SPECIFICATIONS

All competitors shall wear approved helmets and PFD's when on the water.

Slalom competitors shall use an ICF regulation 3.5 m minimum composite boat or approved plastic boat.

Wildwater competitors should use an ICF regulation kayak or C-2; either plastic or composite.

Canoe Polo shall be played in approved padded boats, caged helmets, canoe polo PFD's and approved paddles. The AWA, Alberta Canoe Polo along with supporting clubs will provide a selection of shared equipment necessary for canoe polo for all zones.

ENTRY AND ZONE PLAYOFF PROCEDURES

Zone trials will be held using a standardized provincial timetrial format combining skill sets of slalom boat maneuvers and canoe polo ball handling in local 25 meter - 6 lane pools or an outdoor pond. Zone trials will begin in January, 2016 and athletes can repeat the time trial skill set multiple times until the registration deadline. Athlete times will be posted on the AWA website for athletes and coaches to compare results.

Competitors can participate in either K-1 or C-1 boats and will be evaluated against all other zone athletes based upon time and penalties to pick a balanced team of Cadets and Juniors, Males and Females, Canoes and Kayaks.

All zone trials must be completed by Wednesday, **June 8, 2016**.

Consult the Provincial Sport Coordinator or your Foundation Sport Liaison to determine the date and location of zone playoffs.

To determine the date and location of the zone playoffs/selection please visit <http://www.albertawhitewater.ca/2016-alberta-summer-games-leduc> or www.albertagames.com.

For technical or financial assistance to organize and run a time trial event in your community go to:

<http://www.albertawhitewater.ca/2016-alberta-summer-games-leduc> .

PROVINCIAL SPORT COORDINATOR

Chuck Lee	Telephone:	(403) 628-2336 (b)
c/o Alberta Whitewater Association		(403) 632-9598 (c)
Box 162	E-mail:	admin@albertawhitewater.ca
Lundbreck, Alberta	Website:	www.albertawhitewater.ca
TOK 1H0		

ZONE SPORT REPRESENTATIVE

Each of the eight (8) zones has a designated Canoe-Kayak representative. To contact your zone sport representative please visit www.albertagames.com for the list and contact information for each zone sport representative.

HOST COMMUNITY SPORT CHAIR

Rick Hill
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