

2023 Canoe Slalom and Kayak Cross Team Selections



Kananaskis Country, Alberta



SUNDAY May 7

All day Natural Water Flow
 9:00 Western Training Slot
 10:30 Eastern Training Slot
 12:00 Free Training
 14:30 Quarters (Western and Eastern)

MONDAY May 8

All day Natural Water Flow
 9:00 Eastern Training Slot
 10:30 Western Training Slot
 12:00 Free Training
 14:30 Half Lengths (Western and Eastern)
 19:00 Officials Online Orientation

TUESDAY May 9

All day Natural Water Flow
 9:00 Western Training Slot
 10:30 Eastern Training Slot
 12:00 Free Training
 14:30 Race Simulation (Western and Eastern)

WEDNESDAY May 10

All day Natural Water Flow
 9:00 Eastern Training Slot
 10:30 Western Training Slot
 12:00 Free Training
 14:30 Quarters (Western and Eastern)

THURSDAY May 11

All day Natural Water Flow
 9:00 Western Training Slot
 10:30 Eastern Training Slot
 12:00 Free Training
 12:00 - 13:00 Equipment self-check

FRIDAY May 12

All day Natural Water Flow
 9:00 Eastern Training Slot
 10:30 Western Training Slot
 13:00 Equipment check
 14:00 Competitors Meeting
 15:00 Course Construction
 17:00 Demonstration Runs/Course Approval
 17:30 Technical Officials Meeting

SATURDAY May 13

9:40 Volunteer and Technical Officials Meeting
 10:40 Forerunners
 11:00 Selection Race Run # 1 (2" min)
 12:00-13:00 Lunch Break
 13:15 Selection Race Run # 2 (2" min)
 14:30 Awards (Junior Single Best Run Day 1)
 15:00 Course Construction
 17:00 Demonstration Runs/Course Approval

SUNDAY May 14

9:00 Volunteer and Technical Officials Meeting
 9:40 Forerunners
 10:00 Selection Race Run # 3 (2" min)
 11:00-12:00 Lunch Break
 12:15 Selection Race Run # 4 (2" min)
 14:30 Kayak Cross Time Trials
 15:30 Head to Head/ Elimination Phase
 17:00 Course clean-up
 18:00 Awards (Junior Single Best Run Day 2)