



Commitment to the HP or Winter Training Program

Participant's Name: _____

Program: (check one)

- High Performance Program
- Winter Training Program
- High Performance Lite Program

I have read the HP/Development Program document and I am committed to taking part to the best of my ability

I will keep up to date with the Payment Schedule as outlined in the program document

Please circle your method of Payment:

Full year payment Post dated cheques

I will participate in the Casinos as outlined in the current program document

I agree to pay a \$200 (or \$150 WTP) bond cheque to confirm my intention to provide volunteer(s) at the Casinos which I understand will be cashed if my Casino commitment is not honoured

I will "give back" to my sport by completing Service Hours as outlined in the program document

I understand the expectations.

I am excited to paddle and train!

Athlete

Parent/Guardian (for paddlers under 18)

Date

Date

Please return signed forms to Mike Holroyd, ASCK Head Coach
85 Valley Meadow CI NW, Calgary, AB T3B 5M1